

arks, picnics and play are words of the summer; forgotten as we creep into September. The days now shorter, the breeze intensified and the sun more sensitive. There's that dull, familiar feeling: Summer's gone.

And away go the cooling bags, writes
Natasha Higgins, the plastic plates and the picnic baskets – locked up, good for nothing,

until June next year. One possibility.
Alternatively; what would you say to a
September picnic? Enjoying those last few flushes of warmth; that very distinctive time of year when summer meets autumn and the two crash and collide together creating unusual bursts of colour, teasing the senses.

In my opinion, September gets overlooked. Granted, it is a busy month. School's back on and there's the familiar drone of the world's motor cranking up all over again. Still, it needn't be 'all go'.

If you get the chance, visit the roses in Regent's Park, the Italian fountains in Kensington Gardens, the ducks at Hampstead Heath or even your own back garden. Go armed with picnic basket, throw and jersey in hand. It's the perfect opportunity to reflect on what a great summer it's been.

To help you on your way this September and 'picnic in style', we've featured some of London's best parks in our Park Life feature on pages 44-45. Here, we've picked out some gorgeous items to make your end of season picnic, a truly classy affair. Enjoy!



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